

PUKU –SUMMER–

Week 2: Cooking Club



Let's get cooking! This week we'll be salivating over food and cooking words. Whether you're a cupcake ace or just half-baked, this week's list will help expand your culinary jargon enough to impress any head chef.

This Week's Vocabulary Lists

Recipe Vocabulary List - <https://s.m-w.com/3fXledd>

Summer Fruits Vocabulary List - <https://s.m-w.com/2Vtb2S4>

This Week's Suggested Reading

Charlie and the Chocolate Factory by Roald Dahl - <https://s.m-w.com/31tlbSE>

Stef Soto, Taco Queen by Jennifer Torres - <https://s.m-w.com/3ibucFN>

Bonus book for early readers:

Jasmine Toguchi, Mochi Queen by Debbi Michiko Florence - <https://s.m-w.com/2YJDsJs>

Vocabulary Activities

Make a Grocery List

Pretend you have to do the grocery shopping for your family this week. Write down all of the food and drinks that you need for the week. Be sure to check your pantry to see what items you may be running low on. Extra challenge: use your local grocery store's weekly circular to make your list and include the prices of the items.

Design Your Own Restaurant Menu

Pick a name and design a logo for your new restaurant. Then create a menu that includes all the meals your restaurant will serve and their descriptions. Try to be as descriptive as possible, using a variety of adjectives and adverbs to describe your meals. Bonus: include drawings or pictures of the meals too.

Eat Your Words (adult required)

Following a recipe may seem simple as you just do the steps in order, but there are so many unique and specific words for cooking techniques, measurements, and ingredients that it can be overwhelming. Find a recipe for your favorite meal or something new you're excited to cook. Before you cook, read through the recipe and encourage your child to ask you about any word they don't know. We recommend practicing our cooking words vocabulary list beforehand. If you choose to make the recipe, you can use that as an opportunity to further reinforce the vocabulary your child just learned.

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Other fun activities

- Find a new recipe you want to try to make yourself. Serve it to your family for dinner.
- Make soft pretzels in the shape of letters so you can spell different words.
- Watch a kids cooking show like *MasterChef Junior*, *Chopped Junior*, *Kids Baking Championship*, or *Be Our Chef*. Or watch the movie *Ratatouille*.
- Draw a picture of your favorite food or take a photo of the recipe you made.
- Make a solar oven and try cooking a s'more or pizza bagel inside it.

